Heart Failure Seminar: Focus on Hypertrophic Cardiomyopathy (HCM)

Hypertrophic cardiomyopathy (HCM) is estimated to affect some 700,000 Americans. Treatment usually includes the use of non-vasodilating beta-blockers followed by non-dihydropyridine calcium channel blockers if these therapies are not effective. Since the release of the most recent guidelines, mavacamten has been approved, and clinical trial data on emerging therapies including aficamten, ranolazine, and evolving gene therapies have been published. In our commitment to providing education that enhances clinical skills and improves patient outcomes, HFSA has identified a need for education in the selection and utilization of current and emerging therapies for HCM.

The HFSA Heart Failure Seminar: Focus on Hypertrophic Cardiomyopathy (HCM) is part of the educational seminar series, featuring a multidisciplinary panel of experts presenting a case-based program that is designed to provide the most current information on the genetics, pathophysiology, diagnosis, clinical trial data, and optimal use of current and emerging treatment options for the management of patients with HCM.

Target Audience
This activity is intended for cardiologists, interventional cardiologists, primary care physicians, cardiac surgeons, internists, nurse practitioners, physician assistants, nurses, pharmacists, and other health care providers who care for patients with heart failure.

Learning Objectives
At the conclusion of this activity, learners will be better able to:
1. Review the genetics, pathophysiology, and diagnosis of hypertrophic cardiomyopathy.
2. Discuss the clinical trial data and optimal use of current and emerging treatment options for the management of patients with hypertrophic cardiomyopathy.
3. Identify advanced treatment options for the management of challenging patients with hypertrophic cardiomyopathy.

Content Outline
Remembering the Basics: Diagnosis, Pathophysiology, and Genetics (Including the Family)
Sharlene Day, MD

Management: The Usual Approach
Carolyn Y. Ho, MD

New Kids on the Block: New Medications and Future Approaches
Victoria Parikh, MD
What Happens When the Usual is Not Enough: Referral and Advanced Therapy
*Lynne Warner Stevenson, MD*

Case Presentation: Mild LV Systolic Dysfunction
*Michael Ayers, MD*

What Happens When the Usual is Not Enough
*Lynne Warner Stevenson, MD, FHfSA*

Panel Discussion
*All Faculty*

**Faculty Listing**
*Faculty*
Carolyn Y. Ho, MD
Sharlene Day, MD
Victoria Parikh, MD
Lynne Warner Stevenson, MD
Michael Ayers, MD

*Program Planners*
Carolyn Ho, MD

*Content Reviewers*
Carolyn Ho, MD
Shauna Wheeler, MS (CE Reviewer)

**Faculty Disclosures**
The Heart Failure Society of America (HFSA) is committed to ensuring balance, independence, objectivity, and scientific rigor in its educational activities. HFSA has a disclosure policy that requires oral presenters to disclose all relevant financial relationships for themselves and their spouse or partner during the past 24-months with any commercial entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on patients and related to the content of the activity, whether or not these commercial entities are supporters of the activity.

Speakers will have a disclosure slide at the beginning of each presentation. All potential conflicts of interests have been resolved in accordance with the ACCME Updated Standards for Commercial Support.

The following faculty and/or accreditors with ability to control content for this activity have no conflict of interest:

- Vicki Parikh, MD
- Lynne Warner Stevenson, MD, FHfSA

The following faculty and/or accreditors with ability to control content for this activity have listed the below disclosures:
- Michael Ayers, MD - Advisory Panel - Bristol-Myers Squibb
- Sharlene Day, MD - Advisory Panel - Tenaya Therapeutics; Consultant - Biomarin, Lexicon Pharmaceuticals, Pfizer; Research Support - Bristol-Myers Squibb, Lexicon Pharmaceuticals; Other Relationship - Data Monitoring Board - Cytokinetics
- Carolyn Y. Ho, MD - Advisory Panel - Bristol-Myers Squibb, Cytokinetics, Tenaya Therapeutics, Biomarin; viz.ai; Research Support - Bristol-Myers Squibb, Biomarin, Cytokinetics

Off-Label Disclosure
This CME activity may or may not discuss investigational, unapproved, or off-label use of drugs. Participants are advised to consult prescribing information for any products discussed. The information provided in this CME activity is for continuing medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options for a specific patient’s medical condition.

Related Resource(s)
- View complete program information.

Continuing Education Statement

In support of improving patient care, the Heart Failure Society of America is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. The Heart Failure Society of America designates this educational seminar for a maximum of 1.5 AMA PRA Category 1 Credits™. Successful completion of this educational activity includes participation in the post-course evaluation.

Learners should claim only the credit commensurate with the extent of their participation in the activity.

Supporters
The Heart Failure Society of America acknowledges Bristol Myers Squibb and Cytokinetics for providing an independent educational grant to support HFSA Heart Failure Seminar: Focus on Hypertrophic Cardiomyopathy (HCM)
Important Date(s)
Originally recorded November 2, 2023.